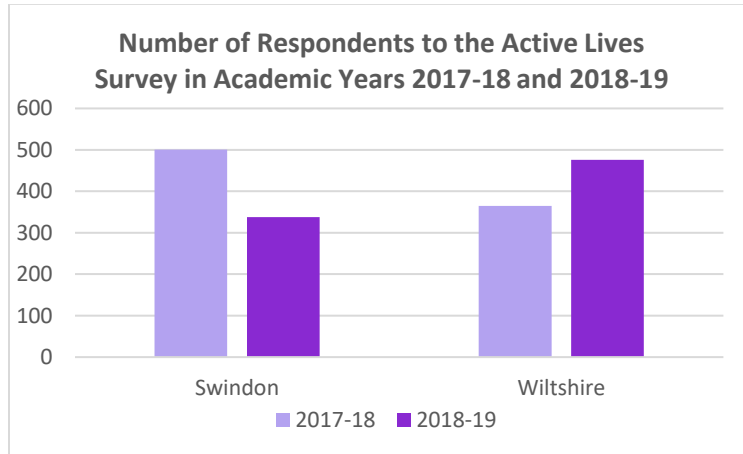


Active Lives Survey 2017-18/2018-19 Local Data for Swindon and Wiltshire

According to the most recent Active Lives survey, Wiltshire and Swindon has the second highest percentage of 'fairly active' children and young people across all Active Partnerships. Wiltshire and Swindon saw the biggest increase in this group from 2017-18 along with the second largest decrease in children categorised as less active, suggesting a greater number of children are becoming more active in both areas.

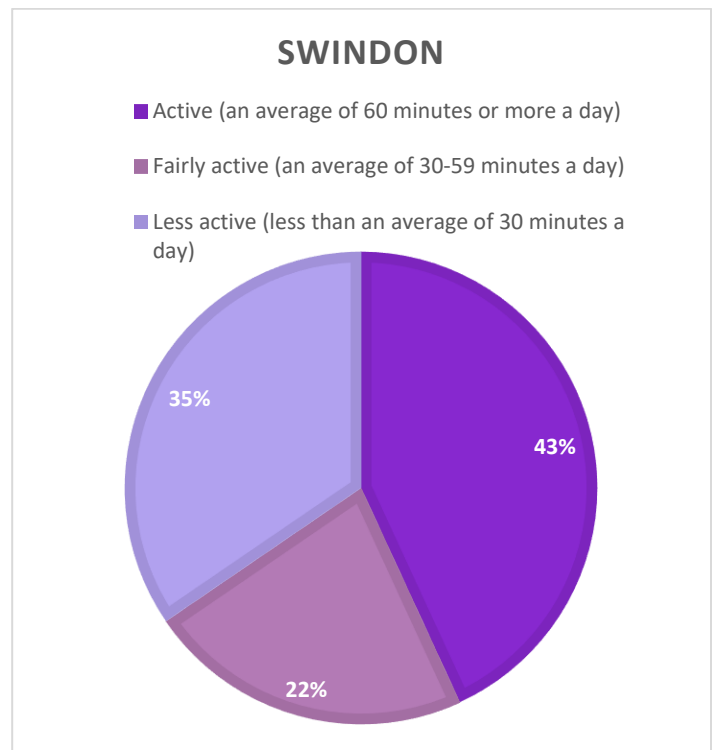
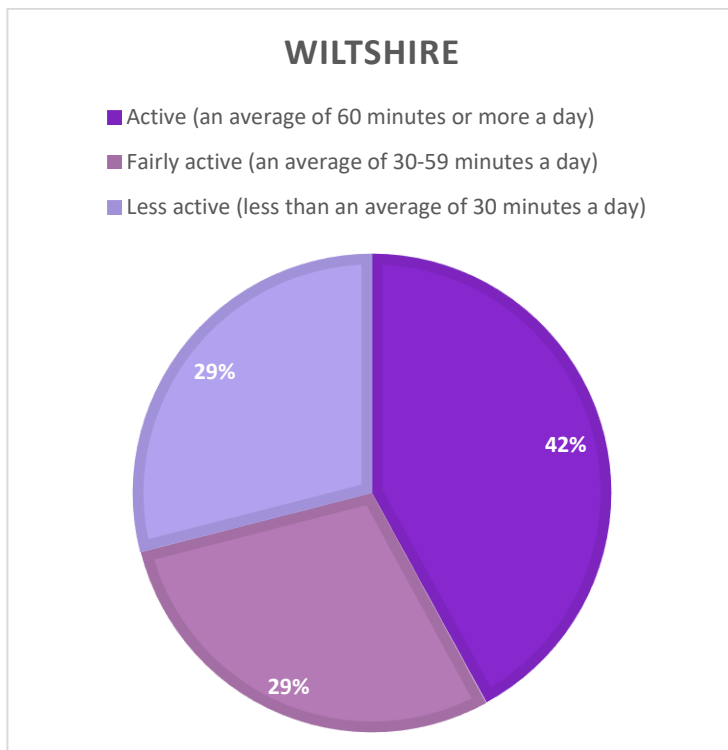
Engagement with the Active lives Survey



In terms of responses to the Active Lives Survey, Wiltshire saw an increase of 111 respondents from the previous academic year whilst the number of respondents in Swindon significantly decreased by 163.

Physical Activity Levels of Children and Young People in the 2018-19 Academic Year.

As shown below, activity levels among children in Swindon and Wiltshire are relatively similar, however Swindon has a greater percentage of children who are less active.

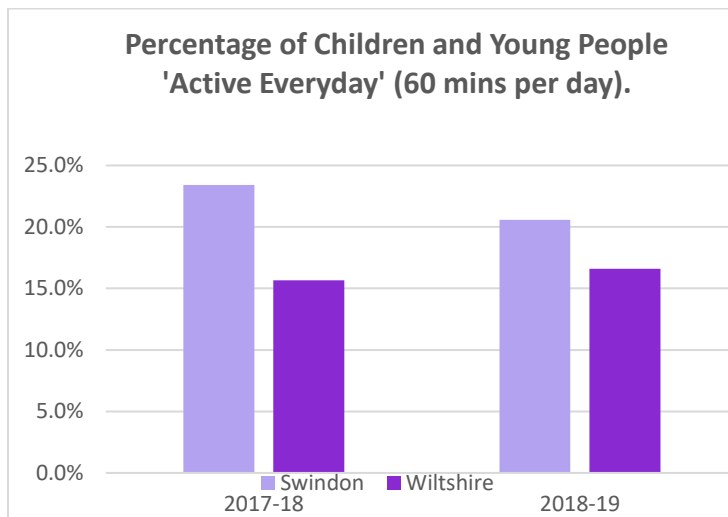


Differences in Activity Levels from 2017-18.

	Active (an average of 60 minutes or more a day)	Fairly active (an average of 30-59 minutes a day)	Less active (less than an average of 30 minutes a day)
Swindon	-4.8%	6.4%	-1.7%
Wiltshire	2.1%	8.7%	-10.7%

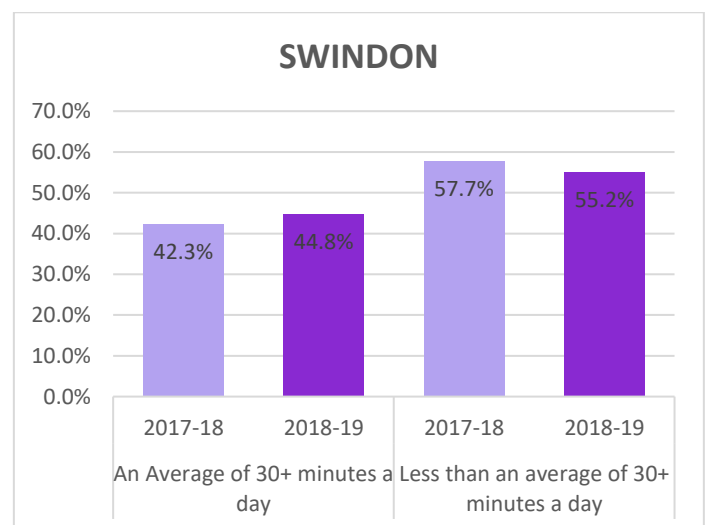
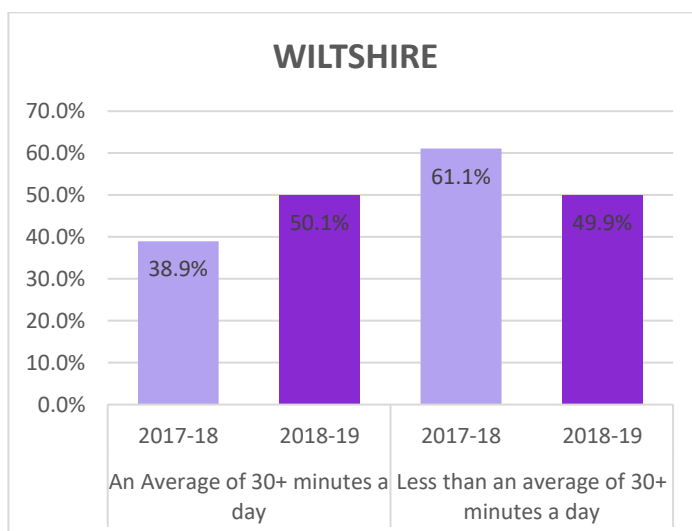
In terms of differences from the previous academic year, both Swindon and Wiltshire have seen significant increases in the percentage of children who are fairly active. In addition, Wiltshire has a significantly less percentage of children who are less active than in 2017-18.

Active Everyday



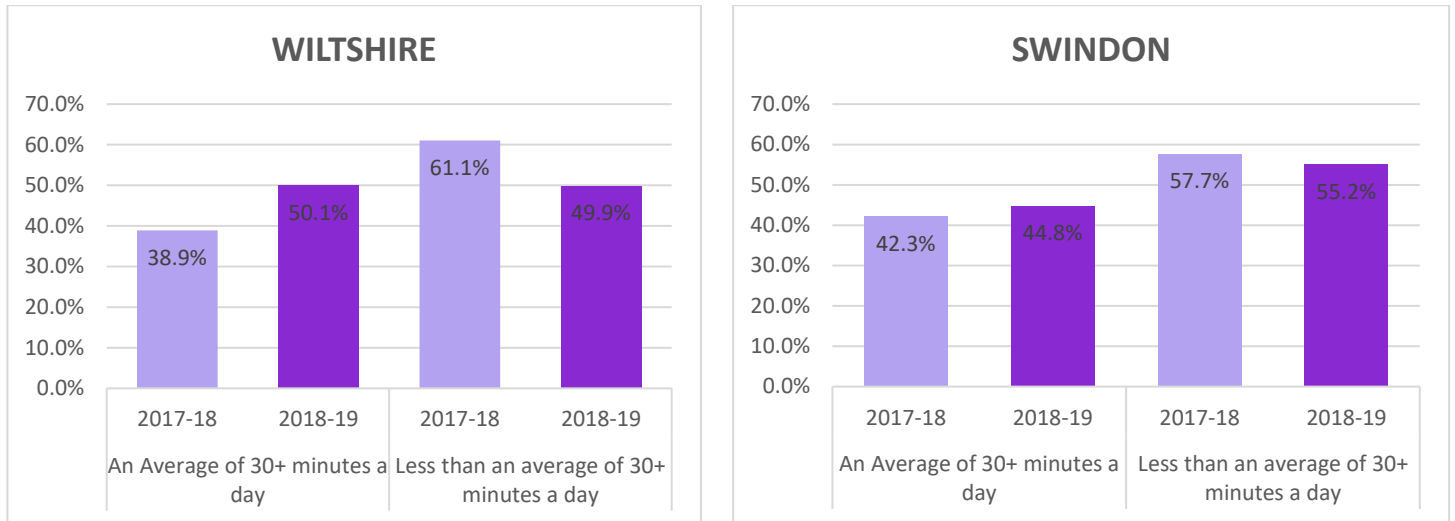
Swindon has seen a decrease in children active every day whilst Wiltshire has seen a slight increase. On a national level, there has been an overall increase in children active every day.

Activity Levels AT School

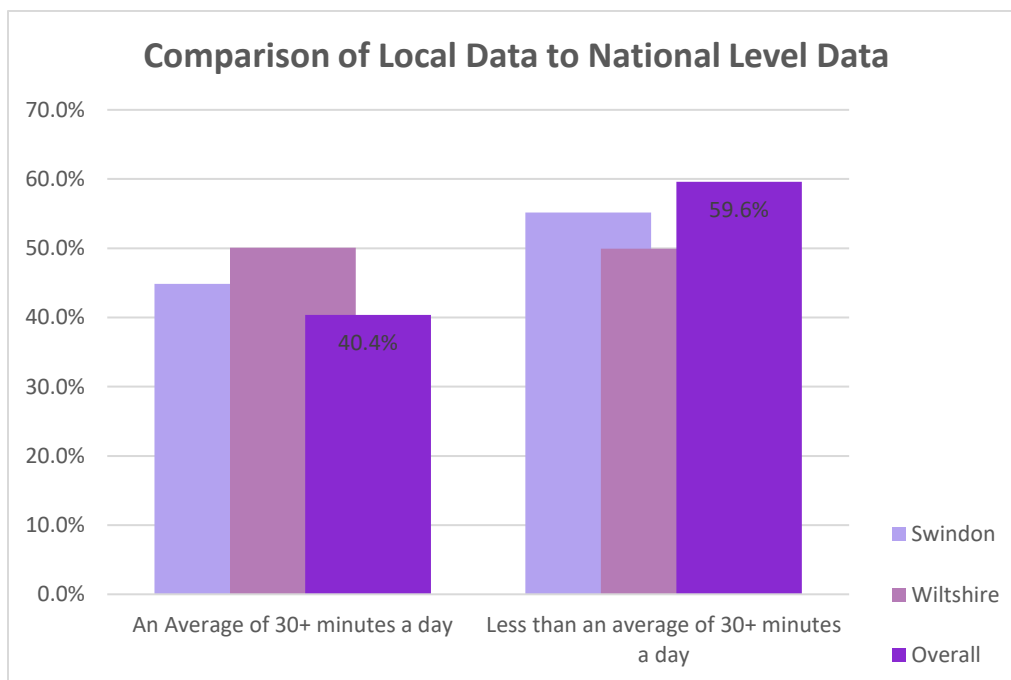


Across both Wiltshire and Swindon there has been an increase in children who are doing less than an average of 30+ minutes a day. This difference is significant with an 11.2% decrease in Wiltshire. Similarly, in both areas there has been an increase in children who are physically active for more than 30 minutes a day.

Levels of Activity OUTSIDE of School

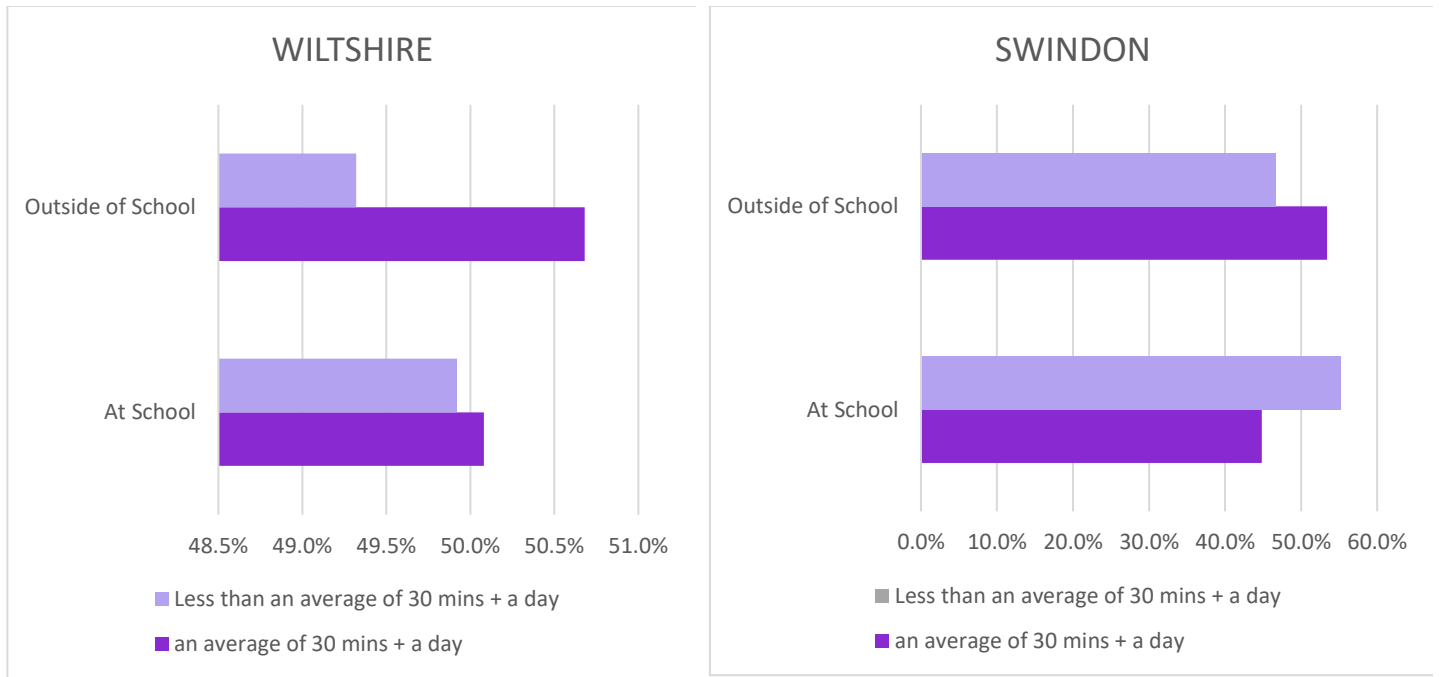


In Swindon there is an increased percentage of children who are physically active for an average of more than 30 minutes per day outside of school and a decrease in those doing less. The opposite can be said for Wiltshire, with fewer children physically active for at least 30 minutes and more physically active for less than 30 minutes.



In comparison to National level data, both Wiltshire and Swindon have a higher percentage of children active for an average for at least 30 minutes a day. This is significant for Wiltshire with a 10% difference.

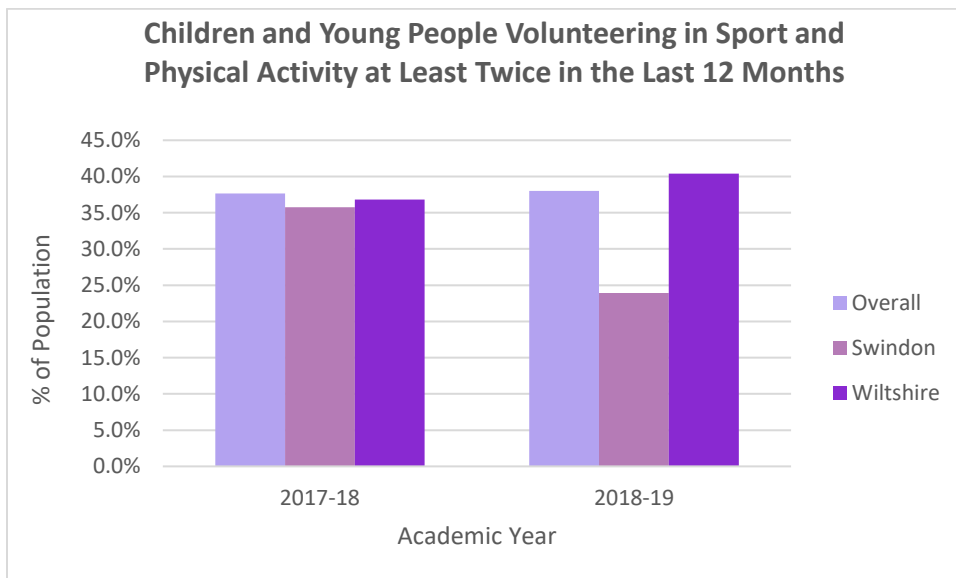
Comparison of Activity Levels among Children AT and OUTSIDE of School in Wiltshire and Swindon



Children are more physically active outside of school in 2018-19 in both Swindon and Wiltshire.

Wiltshire has seen the largest increase in activity levels outside of school however this increase is not significant.

Volunteering in Wiltshire and Swindon



There has been a significant decrease in the number of children in years 1-11 volunteering in sport and physical activity in Swindon, but a slight increase overall and in Wiltshire according to the most recent Active Lives data.